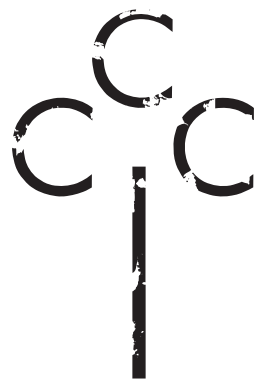




You can expect from us
Cold-Pressed Oils, Iron-Pounded Spices
Stone-Ground Flours, Pure Grains

Conscious Food has been the pioneer of the Indian organic and natural food world since 1990. In maintaining an ethical stance we source responsibly grown produce, promote indigenous varieties, follow sustainable practices wherever possible and advocate for women's participation in the workforce. In essence we believe in doing well by doing good.



CONSCIOUS
FOOD

India's pioneering organic & natural food brand since 1990

PRICE LIST

		₹			₹
GRAINS & CEREAL			SALT & SPICES		
Brown Rice (Sikander)	1000g	96	Rock Salt	500g	69
Red Rice Flakes (Red Poha)	200g	69	Sea Salt	500g	39
Brown Rice Flakes	500g	69	Coriander Powder	100g	73
Brown Rice (Sikander)	500g	59	Cumin Powder	100g	99
Brown Rice (Indrani)	500g	69	Kashmiri Red Chilli Powder	100g	114
Red Rice (Patni)	500g	73	Red Chilli Powder	100g	78
Split Sorghum (Jowar Dhalia)	200g	55	Turmeric Powder	100g	78
Split Wheat Dhalia	200g	48	Asafoetida (Hing)	10g	393
Sprouted Wheat Dalia	200g	69	Black Pepper Powder	50g	186
Sprouted Suji	500g	114	Cinnamon Powder	50g	73
Khichdi Mix	500g	123	3 Spice Mix (Dhania, Jeera & Dalchini)	100g	87
Upma Mix	200g	60	Black Pepper	100g	275
Dosa Mix	500g	60	Coriander Whole (Dhania)	100g	64
Suji Halwa	200g	73	Cumin Seeds (Jeera)	100g	82
Whole Amaranth	500g	132	Fenugreek Seeds	100g	37
Barley	500g	114	Mustard Seeds (Rai), organic	100g	42
Millet	500g	127	Indian Bay Leaf (Tej Patta)	10g	28
Kodo Millet	500g	181	Garcinia Indica (Kokum)	200g	159
PULSES			Tamarind (Imli)	200g	99
Bengal Gram (Desi Chana)	500g	127	Cardamom	50g	289
Chick Peas (Kabuli Chana)	500g	168	Cinnamon (Dal Chini)	50g	64
Green Gram (Whole Mung)	500g	114	Clove (Lavang)	50g	221
Pigeon Pea (Tuvar Dal)	500g	145	Bishops Weed (Ajwain)	100g	82
Split Bengal Gram (Chana Dal)	500g	136	Aniseed (Saunf)	100g	69
Split Black Gram (Urad Dal)	500g	172	SUGAR & HONEY		
Split Mung Bean (Split Mung Dal)	500g	136	Golden Sugar	500g	132
Yellow Mung Dal	500g	114	Raw Sugar	500g	96
Red Lentil (Masoor Dal)	500g	123	Wild Forest Honey	200g	210
Whole Red Lentil (Masoor whole)	500g	104	Harde Honey	200g	541
Super Seven Bean Mix	200g	78	Wild Forest Honey	500g	419
Rajma	500g	141	Harde Honey	500g	1099
Soyabean	500g	105	Palm Jaggery	500g	177
FLOURS			Sugarcane Jaggery	925g	190
Sprouted Ragi Atta Flour	200g	109	Ginger Drops	100g	82
Barley Flour	500g	95	Peppermint Drops	100g	82
Bengal Gram Flour (Chana Atta)	500g	159	ORGANIC TEAS AND COFFEE		
Brown Rice Flour	500g	69	Masala Tea	50g	221
Finger Millet Flour (Ragi Atta)	500g	87	Filter Coffee	50g	221
Pearl Millet Flour (Bajra Atta)	500g	78	Green Tea Plus	50g	186
Seven Grain Flour	500g	86	Herbal Elixir Cha	50g	221
Six Grain Flour (Wheat Free)	500g	86	SEEDS		
Sorghum Flour (Jowar Atta)	500g	78	Sesame Seeds (white)	100g	64
Soyabean Flour	500g	123	Sesame Seeds (black)	100g	78
Wheat Flour	500g	64	Alfalfa Seeds	200g	208
Amaranth Flour (Rajgira Atta)	500g	129	Flax Seeds	200g	87
Buckwheat Flour	500g	244	Pumpkin Seeds Spicy	50g	154
GHEE & OIL			Pumpkin Seeds Plain	50g	141
Gir Cow Ghee	500g	2449	Sunflower Seeds	50g	69
Gir Cow Ghee	200g	982	Seed Mix Spicy	50g	78
Coconut Oil	100ml	177	Seed Mix Plain	50g	78
Coconut Oil	500ml	636	HEALTH		
Sesame Oil	100 ml	118	After Meal Digestive	100g	114
Sesame Oil	500ml	397	Apple Cider Vinegar	500ml	798
Peanut Oil	500ml	294	Awla Powder	200g	168
Sunflower Oil	500ml	298	Spirulina Powder	50g	343
Mustard Oil	500ml	239	Fox Nut Puffed (Makhana)	50g	123
Virgin Coconut Oil	500ml	779	Licorice	6 sticks	285
Apricot Oil	100 ml	667			

Going organic has never been easier
 Call +91 22 49730091 | Whatsapp +91 99671 66755
 Visit www.consciousfood.com