



## Conscious Food Product List 2017

Sr. No.	Category	Wt.	MRP	Shelf Life
	<b>Oils, Seeds And Vinegar</b>			
1	Apricot Oil	100 ml	447	9 months
2	Sesame Oil, organic and cold-pressed	100 ml	149	9 months
3	Sesame Oil, organic and cold-pressed	500 ml	579	9 months
4	Coconut Oil, organic and cold-pressed	100 ml	149	9 months
5	Coconut Oil, organic and cold-pressed	500 ml	579	9 months
6	Peanut Oil, organic and cold-pressed	500 ml	402	9 months
7	Sunflower Oil, organic and cold-pressed	500 ml	329	9 months
8	Mustard Oil, organic and cold-pressed	500 ml	280	9 months
9	Virgin Coconut Oil, organic and cold-pressed	500 ml	978	9 months
10	Pumpkin Seeds - spicy	50 g	204	5 months
11	Pumpkin Seeds - plain	50 g	168	5 months
12	Seed Mix - spicy	50 g	78	3 months
13	Seed Mix - plain	50 g	78	3 months
14	Sunflower Seeds	50 g	78	5 months
15	Sesame Seeds - white, organic	100 g	69	9 months
16	Sesame Seeds - black, organic	100 g	87	9 months
17	Alfalfa Seeds, organic	200 g	235	9 months
18	Flax Seeds	200 g	78	12 months
19	Apple Cider Vinegar (with mother), natural	500 ml	798	9 months
	<b>Herbs And Health</b>			
	<b>Herbs</b>			
20	Basil, organic	30 g	199	9 months
21	Oregano, organic	30 g	222	9 months
22	Thyme, organic	30 g	199	9 months
23	Parsley, organic	30 g	199	9 months
24	Jumbo, organic	30 g	231	9 months
25	Mint, organic	30 g	199	9 months
26	Peppermint, organic	30 g	231	9 months
27	Rosemary, organic	30 g	199	9 months
	<b>Health</b>			
28	Spirulina Powder, organic	50 g	343	9 months
29	After Meal Digestive, organic	100 g	96	9 months
30	Awla Powder, organic	200 g	168	9 months
31	Gir Cow Ghee	200 g	982	12 months
32	Gir Cow Ghee	500 g	2449	12 months

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33	Licorice	6 sticks	239	24 months
	<b>Spices And Seasonings</b>			
	<b>Spices</b>			
34	Black Pepper Powder (Kali Mirch Powder), organic	50 g	186	9 months
35	Cinnamon Powder (Dalchini Powder), organic	50 g	73	5 months
36	Coriander Powder (Dhania Powder), organic	100 g	73	5 months
37	Cumin Powder (Jeera Choorn), organic	100 g	87	5 months
38	Red Chilli Powder (Laal Mirch Powder), organic	100 g	73	5 months
39	Kashmiri Red Chilli Powder (Kashmiri Laal Mirch Powder), organic	100 g	109	5 months
40	Turmeric powder (Haldi), organic	100 g	69	9 months
41	Coriander Whole (Dhania), organic	100 g	64	9 months
42	Cumin Seeds (Jeera), organic	100 g	73	9 months
43	Fenugreek Seeds (Methi Dana), organic	100 g	33	9 months
44	Mustard Seeds (Rai), organic	100 g	39	9 months
45	Three Spice Mix (Dhania, Jeera and Dalchini), organic	100 g	78	5 months
46	Indian Cassia Leaf (Tej Patta), organic	10 g	24	9 months
47	Asafoetida (Hing), organic	10 g	374	9 months
48	Cardamom (Ilaayachee), organic	50 g	226	9 months
49	Cinnamon (Dal Chini), organic	50 g	69	9 months
50	Clove (Lavang), organic	50 g	221	9 months
51	Carom (Ajwain), organic	100 g	69	9 months
52	Aniseed / Sweet Fennel (Saunf), organic	100 g	69	9 months
53	Black Pepper (Kali Mirch), organic	100 g	275	9 months
54	Garcinia Indica (Kokam), organic	200 g	149	9 months
55	Tamarind (Imli), organic	200 g	78	9 months
	<b>Seasonings</b>			
56	Sea Salt	500 g	39	9 months
57	Rock Salt	500 g	69	9 months
	<b>Sugars And Honey</b>			
58	Ginger Drops	100 g	69	9 months
59	Peppermint Drops	100 g	64	9 months
60	Raw Sugar	500 g	91	9 months
61	Golden Sugar, organic	500 g	149	9 months
62	Palm Jaggery, organic	500 g	177	9 months
63	Sugarcane Jaggery, organic	500 g	122	9 months
64	Harde Honey, organic	200 g	469	24 months
65	Harde Honey, organic	500 g	999	24 months
66	Wild Forest Honey, organic	200 g	199	12 months
67	Wild Forest Honey, organic	500 g	399	12 months
	<b>Wholesome Bites</b>			
68	Banana Wafers/Crisps	25 g	48	3 months
69	Almond Cookies	50 g	127	3 months
70	Fox Nut Puffed (Makhana), organic	50 g	123	3 months
71	Jowar Grain Crackers (Khakras)	50 g	48	3 months

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72	Bajra Grain Crackers (Khakras)	50 g	48	3 months
73	Sweet Bajra Grain Crackers (Khakras)	50 g	48	3 months
74	Soya Grain Crackers (Khakras)	50 g	48	3 months
75	Brown Rice Grain Crackers (Khakras)	50 g	48	3 months
76	Ragi Grain Crackers (Khakras)	50 g	48	3 months
77	Six Grain Grain Crackers (Khakras)	50 g	48	3 months
78	Flax Jaggery Chews (Chikkis)	50 g	48	3 months
79	Sesame Jaggery Chews (Chikkis)	50 g	48	3 months
80	Gram Jaggery Chews (Chikkis)	50 g	48	3 months
81	Peanut Jaggery Chews (Chikkis)	50 g	48	3 months
82	Jeera Soya Sesame Stick	50 g	59	3 months
83	Methi Soya Sesame Stick	50 g	59	3 months
84	Cashew Nuggets	50 g	99	3 months
85	Walnut Nuggets	50 g	177	3 months
86	Coconut Nuggets	50 g	69	3 months
	<b>Organic Teas And Coffee</b>			
87	Masala Tea	50 g	189	9 months
88	Green Tea Plus, organic	50 g	149	9 months
89	Herbal Elixir Cha, organic	50 g	189	9 months
90	Filter Coffee, organic	50 g	189	9 months
	<b>Specialty Grains And Flours</b>			
91	Sprouted Wheat Dalia	200 g	69	6 months
92	Split Wheat Dalia, organic	200 g	48	6 months
93	Split Sorghum (Jowar Dalia), organic	200 g	59	5 months
94	Super Seven Bean Mix, organic	200 g	78	6 months
95	Red Rice Flakes (Red Poha), organic	200 g	69	6 months
96	Brown Rice Flakes (Unpolished Poha), organic	500 g	69	6 months
97	Sprouted Suji	500 g	96	5 months
98	Sprouted Ragi Atta	200 g	109	20 months
99	Barley Flour, organic	500 g	95	24 months
100	Brown Rice Flour, organic	500 g	69	24 months
101	Finger Millet Flour (Ragi Atta), organic	500 g	87	24 months
102	Pearl Millet Flour (Bajra Atta), organic	500 g	78	24 months
103	Seven Grain Flour, organic	500 g	78	24 months
104	Six Grain Flour (Wheat Free), organic	500 g	78	24 months
105	Sorghum Flour (Jowar Atta), organic	500 g	78	24 months
106	Soyabean Flour, organic	500 g	118	24 months
107	Amaranth Flour (Rajgira Atta)	500 g	129	24 months
108	Wheat Flour, organic	500 g	59	24 months
109	Bengal Gram Flour (Chana Atta), organic	500 g	159	24 months
	<b>Pantry Staples</b>			
110	Brown Rice (Indrani), organic	500 g	69	9 months
111	Red Rice (Patni), organic	500 g	78	9 months
112	Brown Rice (Sikander), organic	500 g	55	9 months

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113	Brown Rice (Sikander), organic	1000 g	87	9 months
114	Soyabean, organic	500 g	118	9 months
115	Bengal Gram (Desi Chana), organic	500 g	149	9 months
116	Chick Peas (Kabuli Chana), organic	500 g	123	9 months
117	Pigeon Pea (Tuvar Dal), organic	500 g	174	9 months
118	Split Bengal Gram (Chana Dal), organic	500 g	177	9 months
119	Split Black Gram (Urad Dal), organic	500 g	249	9 months
120	Green Gram (Whole Mung), organic	500 g	118	9 months
121	Split Mung Bean (Split Mung Dal), organic	500 g	168	9 months
122	Yellow Lentils (Yellow Mung Dal), organic	500 g	149	9 months
123	Whole Masoor, organic	500 g	149	6 months
124	Red Lentils (Masoor Dal), organic	500 g	149	6 months
125	Millet, organic	500 g	140	6 months
126	Rajma, organic	500 g	123	9 months